

Solutions.

Overcoming you.
Starting from the inside out.



The key pieces to the puzzle.

The Journey of Becoming: FREE.

Pillars to overcome YOU.

**Getting to where you want to be will involve a
combination of your**

personal vision (why)

mindset, (beliefs)

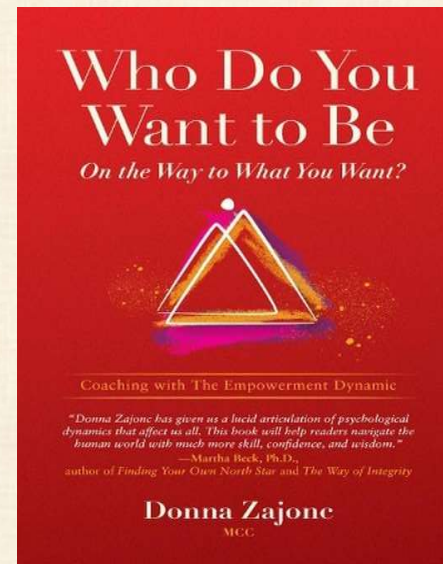
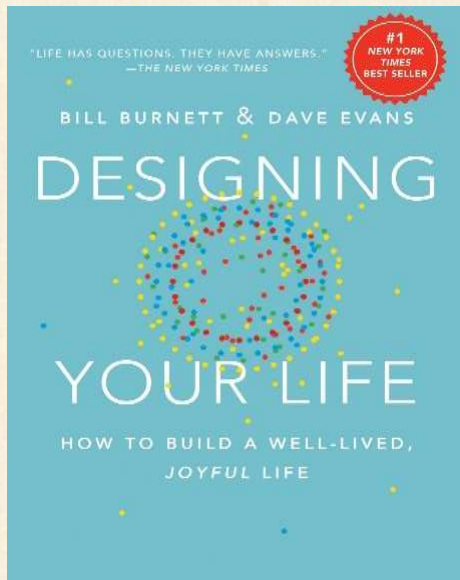
capability (skills)

and action, (sales).

The journey of becoming is about overcoming.



Pillar 1:



Access our email course on how to design your life.
Email me and I will send them to you.

Vision for your Future self.

What's missing?

Be: Do: Have:

Behaviour before Reward.

**YOUR
IDENTITY
DRIVES YOUR
BEHAVIOUR**

Design your “must haves”.

You must want something different to what you have.

Vehicle for the result you say you want.

Job// Self-employment job//Business System// Investor.
To get to where you want to be.



The life Formula:

Who must I BE to be able to DO what I must DO to be able to HAVE what my must haves are.



The Strategy Circle.

Vision
Obstacles
Feel?
Transform
Action.

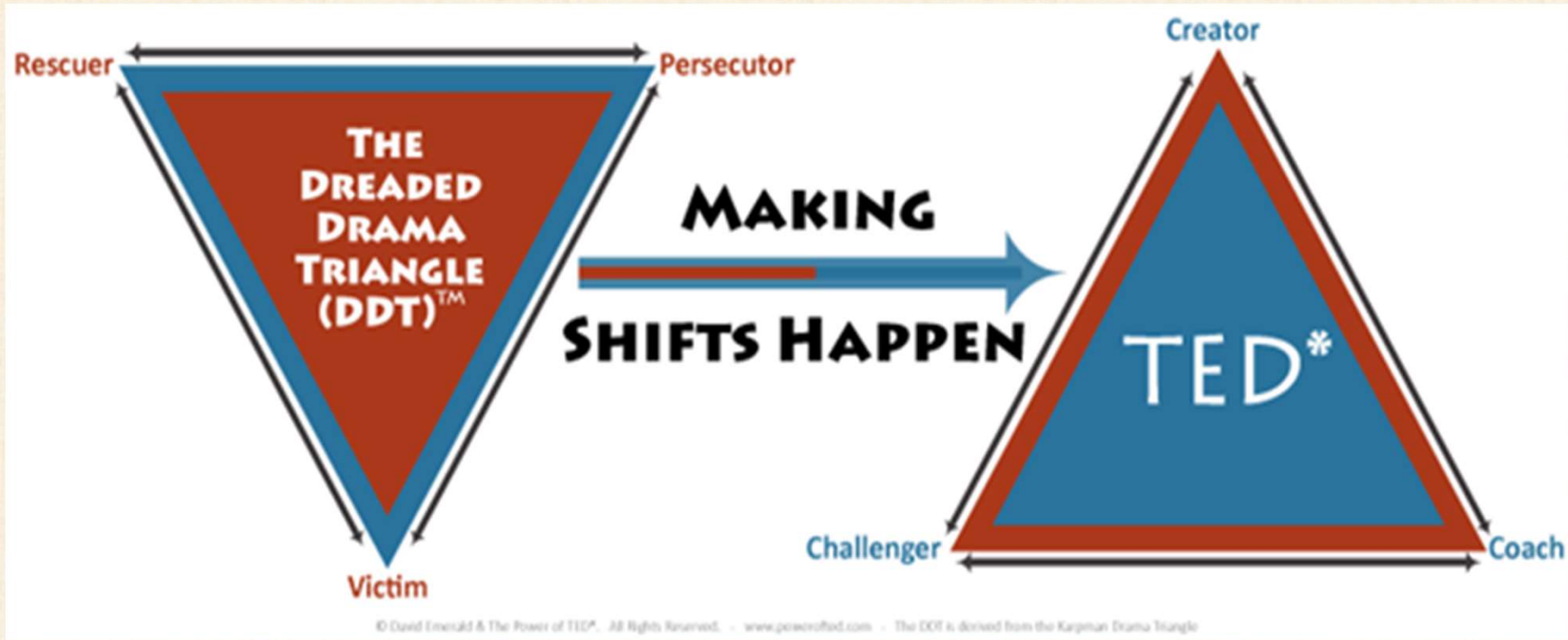


The 6 human needs.

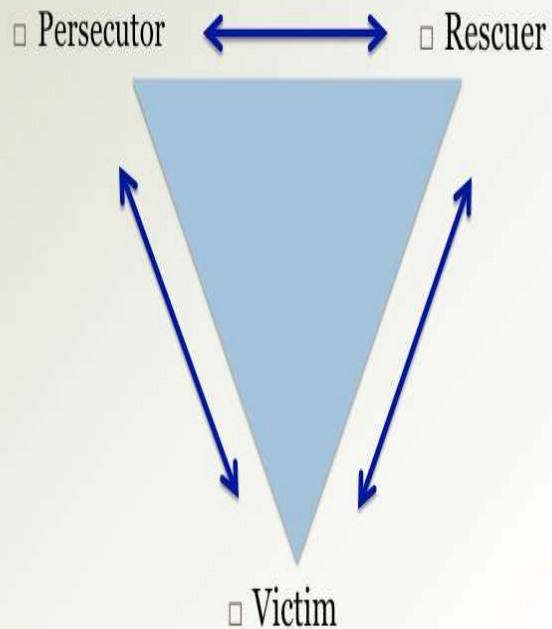
Love/connection
Certainty
Variety
Significance
Contribution.
Growth.

Pillar 2:

Mind Framework.



The Drama Triangle



The Empowerment Dynamic (TED*)

Is a positive alternative to the Drama Triangle, which was first described by Stephen Karpman, MD in the late 1960s.

Drama Triangle (DDT): In conflict situations, people often fall into three primary roles:

Victim: Feels powerless and gives up on what they want.

Persecutor: Blames the Victim and tries to control the situation

Rescuer: Tries to fix the conflict by being helpful but unintentionally adds energy to the drama.

Empowerment Dynamic

(TED)*:

TED* serves as an antidote to the toxic DDT.

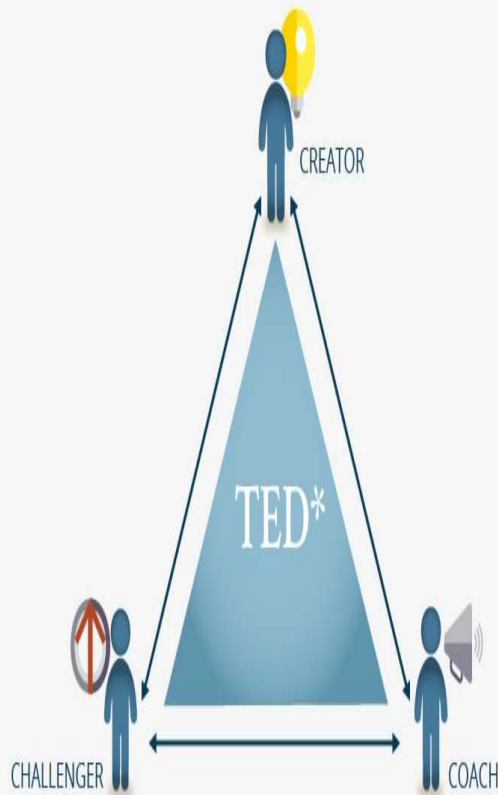
It describes positive, constructive, empowering relationships based on three roles:

Creator: Reconnects with dreams and desires, taking action toward positive outcomes.

Challenger: Encourages growth and learning by questioning assumptions.

Coach: Supports others without rescuing, empowering them to find their own solutions.

TED* (*The Empowerment Dynamic)TM





3 Questions:

You can support yourself by asking yourself these essential questions

“What is my highest desire for myself”?

“What are my values and how do I live fully aligned with them”?

“What limiting stories do I still hold that block or slow my journey?”

Pillar 3:

States of Being.

Only two:

Primal or Empowered.

state of being

What Is A State Of Being?

Reaction v response.

What does it mean to be in a state of being?

And how does it affect your experience of life?

Pillar 4:

Identity:

Why age is Your new
Freedom.



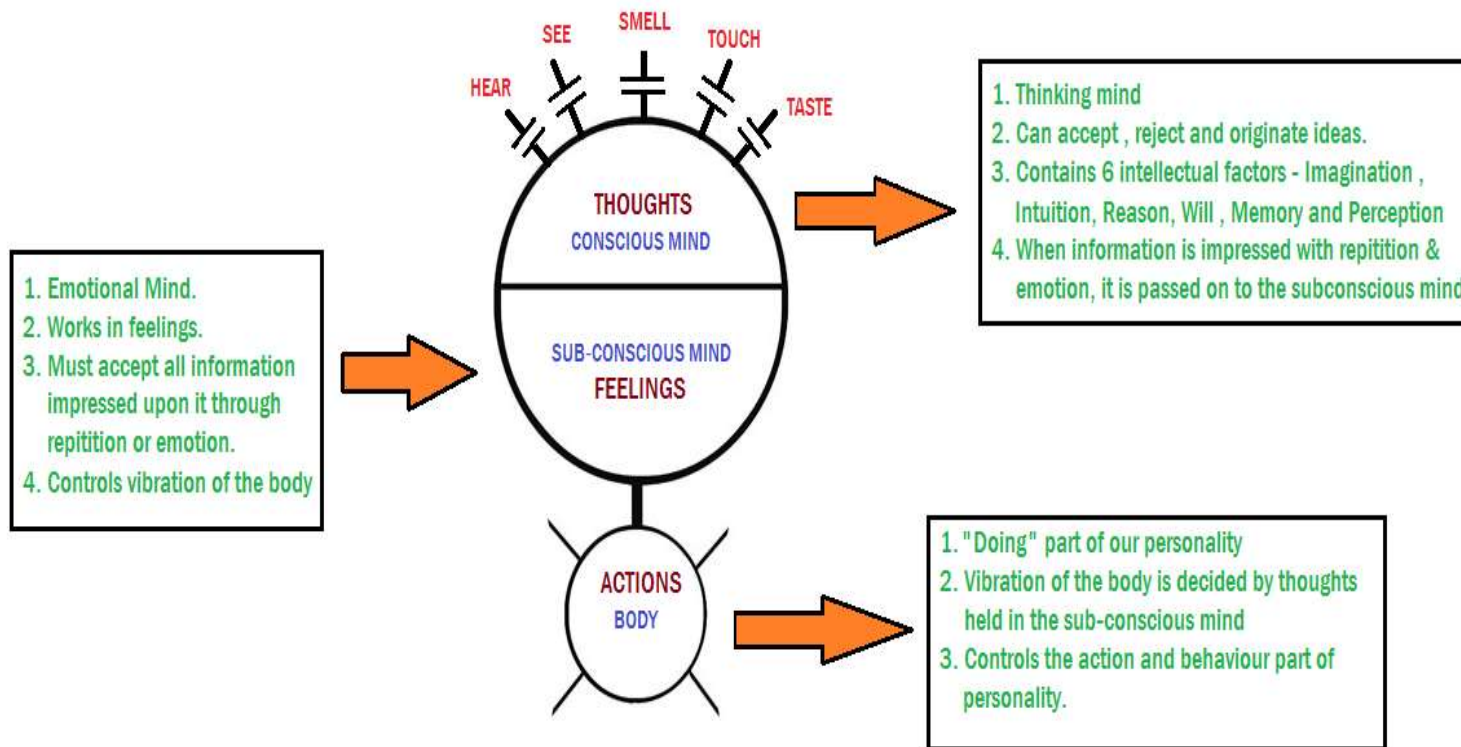
Your identity gives you your sense of self.

It is a set of traits that distinguishes you from other people, because while you might have some things in common with others, no one else has the exact same combination of traits as you.

Identity development is a lifelong process:

It begins in childhood, starts to solidify in adolescence, and continues through adulthood. Most people identify themselves by what they do for a living.

Identity is learned..



Identity.

The Formula for CHANGE ...

$$(D \times V) + F > R$$



(Dissatisfaction x Vision)
+ First Steps > Resistance

Pillar 5.....Knowledge.

The members area has a wealth of information and training etc. includes comprehensive Social Media training, BE DO HAVE TRAINING and The Path of Least resistance plus much more.



Continue in next video.