

Identity Shifting.

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Why age is Your new
Freedom.

IDENTITY SHIFTING

Become Who You Want To Be: NOW

Ready to find our how?
click on the link.

What is Identity shifting.

Three step concept:

Identity Shifting.

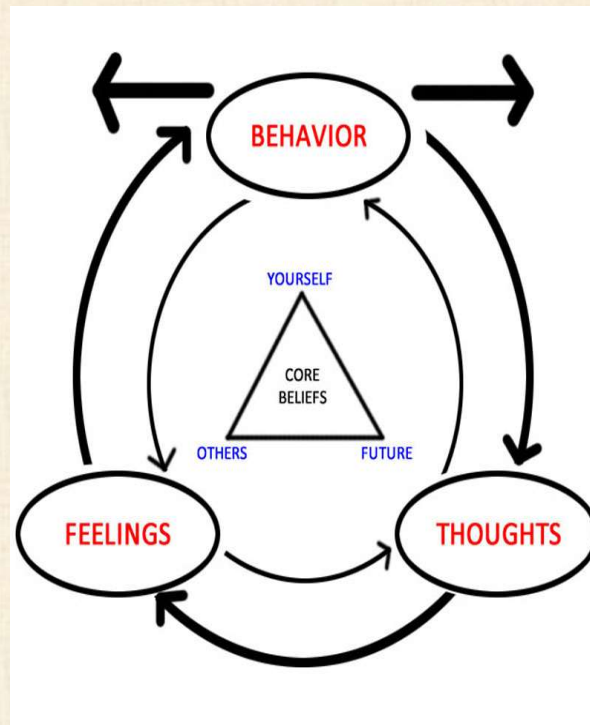
Its who you must become to create your desired outcome.
Your current identity (Your constructed self) has not been able
to create the outcomes you desire.

How thoughts and feelings control your behaviour.

Step 1.

Awareness.

Thoughts and feelings.
Current reality
or
future self.



Step 2.

Current self image

Vision:

List your goals
and dreams.
Very specific.
Income
Family
Relationships
Location
Doing?

Future self Image

King Bruce:

Thinking Feelings
and Doing.
How would you
be feeling if this
was true for you
right now.
Allow time to
feel it.

How do you show up

Poor Bruce.

Act as if.
Be present
and aware
of how to
are thinking
and acting
in the
present.

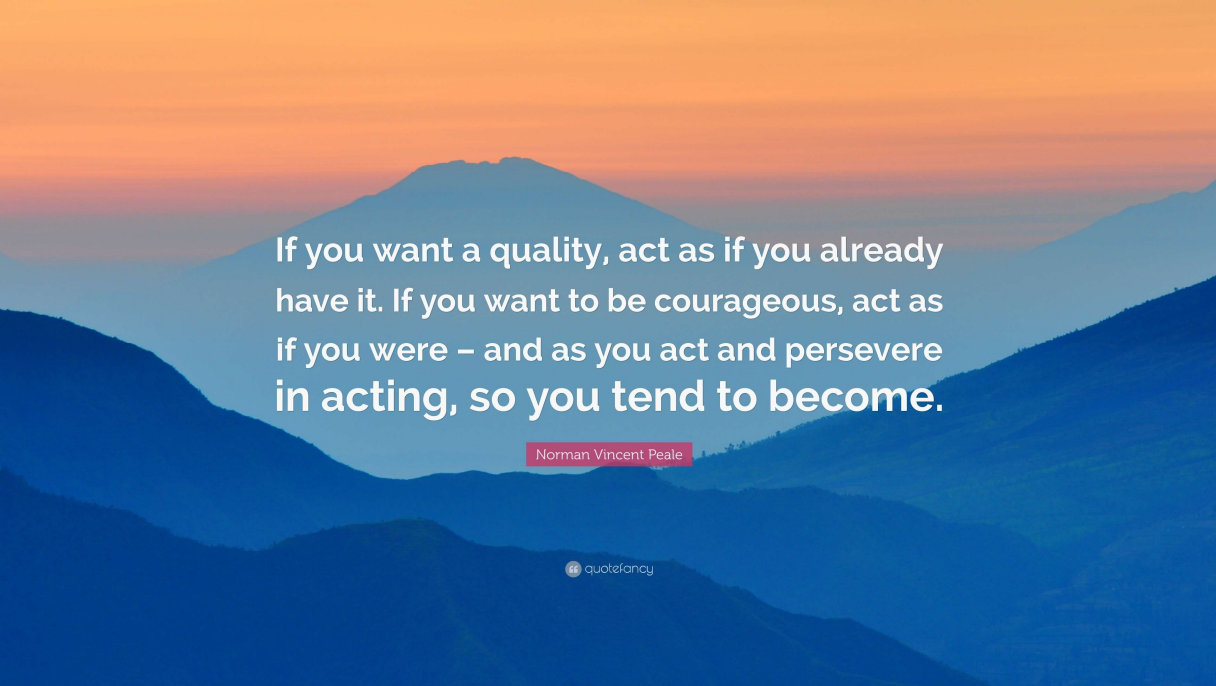
Step 3.

Choosing your state of Being.
Primal or Empowered.

Calm, but alert.
Relaxed, but
ready.
Smooth, but
sharp.
Humble, but
confident.



Step 4.

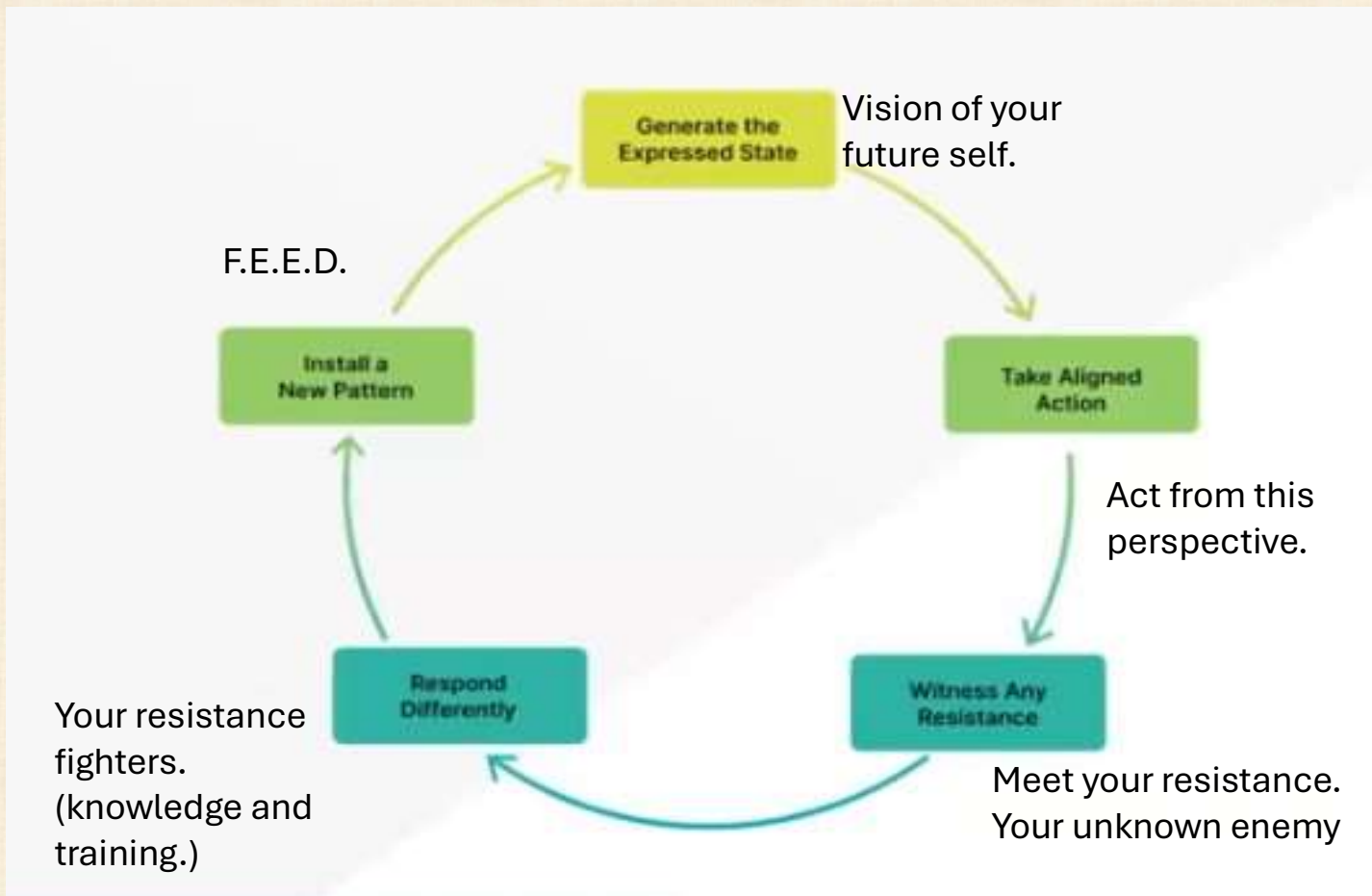


If you want a quality, act as if you already have it. If you want to be courageous, act as if you were – and as you act and persevere in acting, so you tend to become.

Norman Vincent Peale

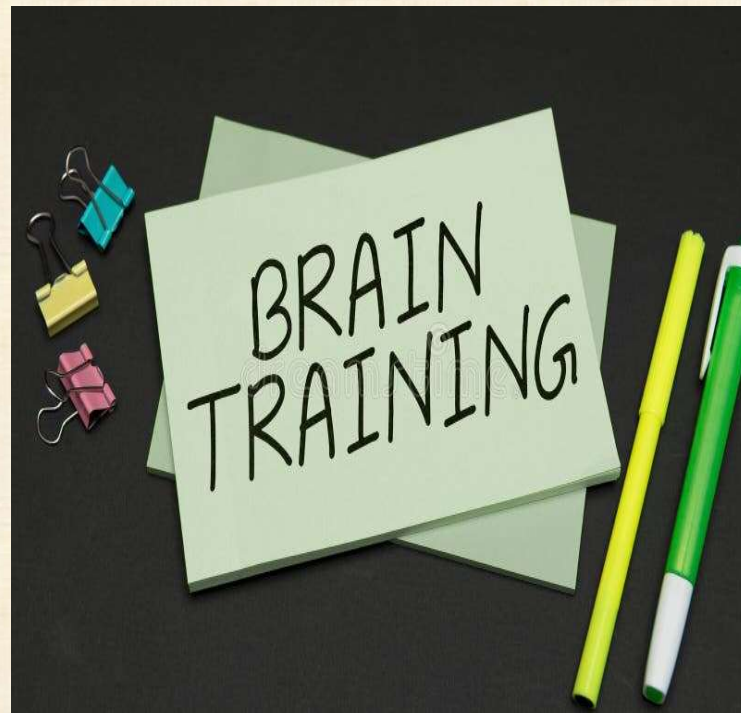
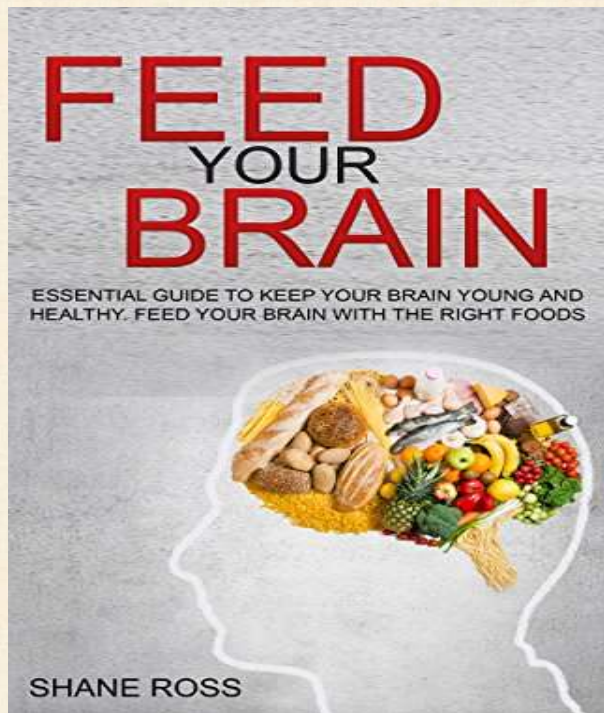
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The Habits to Be your Future self.

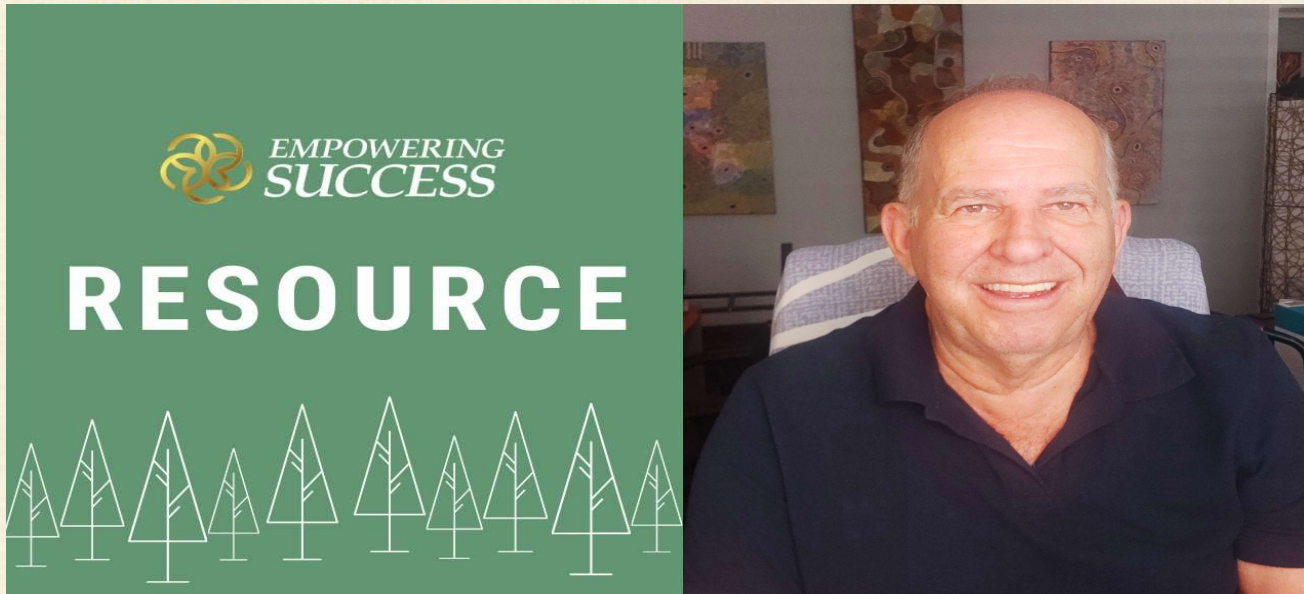


Feed the Brain.

Repetition and Training.



I am a Resource.



Schedule a call or fill in the form and I will call you.