### **Questions are essential**.

Investigative: What's Known?

Speculative: What If?

**Productive: Now What?** 

Interpretive: So, What...?

Subjective: What's Unsaid?

"When we fail, it's often because we haven't considered the emotion part."



## Get serious about self learning.

No one will spoon-feed you the information, especially when you're trying to get ahead in life. **Model your heroes**. (the people who have what you desire.)

The people who have achieved what you aspire to have already paved the way for you.

You can stand on their shoulders. Combine your new skills Everyone has a unique perspective on life-based on their experiences, values, and beliefs

> Be different in your field. Stand out.

## We get stuck in the SYSTEM.

#### What Is The System?

- Your minds's programing.
- What you have learned is safe. What is expected. How other people know you and see you. Your habits.
- Shoulds and shouldn'ts.
- · Your autopilot.



"By letting it go, it all gets done. The world is won by those who let it go. But when you try and try, the world is beyond winning." — Lao Tzu.

## Change is about letting Go!

#### Let Go

•Stop trying to be safe.

- Stop trying to be right.
- Stop blaming.
- Stop waiting for permission.
- Stop trying to be perfect.



# Baggage! We all have some.

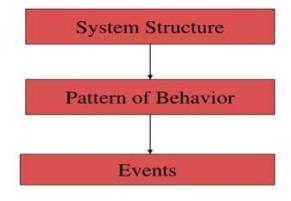
### Let Go

- •Let go of past failures.
- Acknowledge today's reality.
- •Be willing to accept any and all potential consequences.
- •Shift out of automatic mode.
- •Get on purpose.
- •Create habit of going against the herd.



### **Structure determines Behaviour.**

### Structure determines Behaviour.





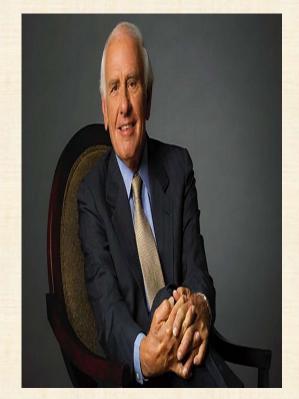
This is what and why I love working with people.

# If you have

You sense the stirrings of your own ambition. You know that you have more to contribute. You want to shake things up and make a difference. You want to learn and grow. You want to use your power for good. And you're ready to begin." **'you unlock your greatness by working on** the hard things'.

### To strive to be your Best Self is a lifetime's work."

### How do you rise above mediocrity. A Jim Rhone concept.



Philosophy: what and how you think.

Attitude: Something you choose.

Activity: is making decisions about activity.

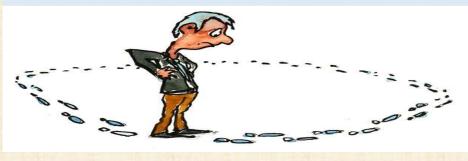
**Results:** what the above have created till now.

Lifestyle: the ability to live how you wish.

We can choose to become wealthy. To rise above mediocrity.

#### The problem.....and the promise.

You don't know what you don't know. **Problem unaware**. There are "levels" to any game. What does this mean? Explain Why are you constantly struggling **Psychology of change is a science.** The challenge you must overcome. This overview is designed to give you the framework to understand and know how to overcome.



We cannot become what we want to be by remaining what we are.

Workshop | Counselling | Heat

I do my thing and you do your thing. I am not in this world to live up to your expectations, And you are not in this world to live up to mine. You are you, and I am I, and if by chance we find each other, it's beautiful. If not, it can't be helped.

Frederick Salomon Perls

## Find Your Thing.



# Is This for you?

#### Yes or No answers:

**Question 1**: do I want to live the rest of my life as I do today?

Question 2: Am I willing to "do Something" that is, be willing to learn what I must learn so I can BE what I say I want to be and Have what I want to Have?

**Question 3:** Will you pay someone to help you get what you desire?

**Question 4:** You want a fulltime income with parttime hours.

**Question 5:** do I want to financially free in 3-5 years?

A sunny disposition prevents a hardening of the attitudes. Reed B. Markham

> As you embark on a New Journey keep an open mind. You never know what could be until you try, waste no opportunity.

WELCOME TO THE Journey of Becoming.